| September 2021 |  |  |  |  |
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| Monday (Chef Salad) | Tuesday (Taco Salad) | Wednesday (Chef Salad) | Thursday (Taco Salad) | Friday (Fruit \& Vegetable Cart) |
| NO SCHOOL - LABOR DAY WEEKEND We still need parents to complete the online free and reduced meal applications as these numbers are used to calculate funding for other programs not related to child nutrition. | Pop Tarts or Cinnamon Chex, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Hot Turkey and Cheese Sandwich on Ciabatta, Chips, Whole Pickle, Blueberry Dump Cake and Choice of Milk | Rootie Tooties (Fruit Loops) or Vanilla Yogurt \& Granola Bar Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Breaded Cod Fish Filets with Tartar Sauce or Ketchup, Garlic Bread, Mashed Sweet Potatoes, Cinnamon Apples and Choice of Milk | Raspberry Breakfast Smoothie and Cereal Choice (6 to choose from!) Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Honey BBQ (K-2)/Honey Sriracha Chicken Legs (3-8), Mashed Potatoes, Steamed Carrots, Tropical Fruit and Choice of Milk | This institution is an equal opportunity provider. Helping Hands Meeting at 9:00 am TODAY! 10 <br> Donuts, Bacon or Vanilla Yogurt \& Granola Bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> All American Pizza - Choice of Sausage, Pepperoni or Cheese Pizza, (limit 2 of one kind), Roasted Yellow Squash, Fruit Cart and Choice of Milk |
| School Board Meeting Tonight! 13 <br> Bread Pudding or Vanilla Yogurt \& Granola Bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Linguini and Meat Sauce, Garlic Toast, Spinach and Strawberry Salad with Poppy seed Dressing, Ice Cream Cups and Choice of Milk | Breakfasts 8:00-8:20 <br> Kashi Bar or Lucky Charms, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Chicken Salad Sandwich on a Croissant, Romaine Lettuce, Sliced Tomatoes, Chips, Watermelon and Choice of Milk | Grab and go breakfasts are available after 8:20 <br> Pop Tarts or Vanilla Yogurt \& Granola Bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Hamburgers with Cheese, Ketchup/Mustard/Pickles, Baked Beans, Peaches and Choice of Milk | Doors open at 8:00am <br> Muffins or Cocoa Puffs, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Chicken and Noodles, Peas and Carrots, Applesauce and Choice of Milk | School ends at 3:30 pm <br> Fruit Smoothie and Granola Bar, Sliced Bacon or Vanilla Yogurt \& Granola, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Personal Pepperoni or Cheese Pita Pizza, Side Salad with Ranch Dressing, Fruit Cart and Choice of Milk |
| $1^{\text {st }}$ Lunch PK \& K at 10:50 NO SCHOOL | $2^{\text {nd }}$ Lunch $1^{\text {st }} \& 2^{\text {nd }}$ at 11:25 <br> Biscuits and Cream Gravy or Cinnamon Chex, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Chicken Fajita Wraps, Chips, Sliced Cucumber and Tomato Salad, Chocolate Banana Pudding and Choice of Milk | Pop Tarts or Vanilla Yogurt \& Granola Bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Pulled Pork and Bacon Mac-n-Cheese Bowl, Red and Yellow Bell Peppers with Ranch, Cubed Watermelon and Choice of Milk | $3^{\text {rd }}$ Lunch 7/8 at 12:00 <br> Pumpkin Cheddar Biscuits or Trix, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Beef and Bean Burrito with cheddar, Mexican Corn, Salsa, Sour cream, Red White and Blue Berry Salad and Choice of Milk | $4^{\text {th }}$ Lunch $3^{\text {rd }} 4^{\text {th }} \& 5^{\text {th }}$ at $12: 35$ <br> Donuts, Bacon or Vanilla Yogurt \& Granola bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> All American Pizza- Choice of Sausage, Pepperoni or Cheese Pizza, (limit 2 of one kind), Caesar Salad, Fresh Fruit and Choice of Milk |
| Cinnamon Roll or Vanilla Yogurt \& Granola Bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> BBQ Chicken Sandwich, Stuffing, Green Beans, Apple Cobbler and Choice of Milk | Maple and Brown Sugar Oatmeal or Trix, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Breakfast for Lunch - Biscuits and Gravy, Scrambled Eggs w/cheese and Bacon, Hash browns, Broccoli with Cheese Sauce, Grapes and Choice of Milk | Biscuit and Honey Chicken Nuggets or Vanilla Yogurt \& Granola Bar, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Bowl of Chili, Cornbread, Mixed Vegetables, Ice Cream Cup, Sliced Pears and Choice of Milk | Pop Tarts or Lucky Charms, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> Sack Lunch: Peanut Butter \& Jelly Uncrustable, Fresh Fruit, Cheese Stick, Carrots with Ranch Dip, Applesauce Cup and Choice of Milk | Breakfasts and Lunches are free for all students, all school year. <br> Fruit Smoothie and Granola Bar, Sliced Bacon, or Vanilla Yogurt \& Granola, Fresh Fruit, Apple or Orange Juice and Choice of Milk <br> All American Pizza- Choice of Sausage, Pepperoni or Cheese Pizza, (limit 2 of one kind), Caesar Salad, Fresh Fruit and Choice of Milk |

