

November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast 8:00 – 8:20 28</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Salisbury Steak Fingers in Brown Gravy, Mashed Potatoes, Peas, Carrots and Croutons, Watermelon and Choice of Milk or Juice</p>	<p>1st lunch 10:45-11:05 29</p> <p><i>Waffle Sandwich w/ Sausage Patty, Fruit, Juice and Choice of Milk</i></p> <p>Frito Chili Pie, Red Bell Pepper Strips and Ranch Dip, Cheese Stick, Strawberries and Choice of Milk or Juice</p>	<p>30</p> <p><i>Apple Cinnamon Oatmeal, Fruit, Juice and Choice of Milk</i></p> <p>Cheese/Pepperoni/Sausage Pizza, Broccoli & Cauliflower with Ranch Dip, Mandarin Oranges and Choice of Milk or Juice</p>	<p>31</p> <p><i>Breakfast Burrito (Tortilla, eggs, cheese and Bacon), with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Grilled Ham w/Pineapple, Sweet Potato Casserole with Marshmallows, Green Beans, Roll, Jello and Choice of Milk or Juice</p>	<p>School ends at 3:30 pm 1</p> <p><i>Yogurt Bar with Berries, Cereal, Juice and Choice of Milk</i></p> <p>Grilled Hamburger Patty with Macaroni & Cheese, Sautéed Zucchini, Applesauce Spice Cake, and Choice of Milk or Juice</p>
<p>Doors open at 8:00am 4</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Ham and Beans, Cornbread, Apple slices with Caramel Sauce, Caesar Salad and Choice of Milk or Juice</p>	<p>2nd lunch 11:15-11:35 5</p> <p><i>Toast and Cheese Omelets with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Meatballs in BBQ Sauce, Brown & Wild Rice, Roasted Butternut Squash, Mandarin Oranges and Choice of Milk or Juice</p>	<p>6</p> <p><i>Maple and Brown Sugar Oatmeal, Fruit, Juice and Choice of Milk</i></p> <p>Chicken Parmigiana on a bed of Pasta, Roasted Zucchini, Garlic Toast, Peaches and Choice of Milk or Juice</p>	<p>7</p> <p><i>Breakfast Burrito (Tortilla, eggs, cheese and Bacon), with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Chicken Fried Steak, Mashed Potatoes & Cream Gravy, Roll, Green Beans, Fruit Cocktail and Choice of Milk or Juice</p>	<p>8</p> <p><i>Yogurt Bar with Berries, Cereal, Juice and Choice of Milk</i></p> <p>Cheeseburger with Lettuce & Tomato, Sweet Potato Tots, Brownie, Strawberries and Choice of Milk or Juice</p>
<p>11</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Choice: Frito chili pie w/Cheese or Grilled Hot Dog, Tator Tots, Broccoli Slaw, Sliced Pears and Choice of Milk or Juice</p>	<p>3rd lunch 11:45-12:05 12</p> <p><i>Waffle Sandwich w/ Sausage Patty, Fruit, Juice and Choice of Milk</i></p> <p>Choice: Beef and Cheese Enchilada or Soft Beef Taco, Lettuce and Pico De Gallo, Mexican Corn, Mandarin Oranges in Jello and Choice of Milk or Juice</p>	<p>13</p> <p><i>Apple Cinnamon Oatmeal, Fruit, Juice and Choice of Milk</i></p> <p>Choice: Chicken Nuggets or Sweet and Sour Chicken, Fried Rice, Grilled Pineapple, Peas and Carrots and Choice of Milk or Juice</p>	<p>14</p> <p><i>Breakfast Burrito (Tortilla, eggs, cheese and Bacon), with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Choice: Meatballs in Red Sauce or Salisbury Steak Fingers in Brown Gravy, Roll, Mashed Potatoes, Green Beans, Canned Peaches and Choice of Milk or Juice</p>	<p>15</p> <p><i>Yogurt Bar with Berries, Cereal, Juice and Choice of Milk</i></p> <p>Choice of Pizza: Cheese/Pepperoni/Sausage, Vegetables with Ranch Dip, Apple Slices and Choice of Milk or Juice</p> <p align="center"><u>RSVP DUE FOR THANKSGIVING DINNER – REQUIRED FOR PARTICIPATION</u></p>
<p>18</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Choice – Soft Chicken or Crunchy Beef Tacos, Black Bean and Fiesta Corn Salad, Chips & Cheese Sauce, Pineapple and Choice of Milk or Juice</p> <p>Banner School Child Nutrition Phone 405-262-0598 EXT 204 kitchen@banner.k12.ok.us</p>	<p>4th lunch 12:20-12:40 19</p> <p><i>Toast and Cheese Omelets with Fresh Fruit, Juice and Choice of Milk</i></p> <p>Choice - BBQ Beef Sandwich or Boston Baked Beans w/Ham, Cheesy Mashed Potatoes, Cole Slaw, Fruit Cocktail and Choice of Milk or Juice</p> <p>Meal Prices:</p> <p>Breakfast: \$1.90 Reduced: \$0.30 Lunch: \$3.00 Reduced: \$0.40</p>	<p>20</p> <p><i>Maple and Brown Sugar Oatmeal, Fruit, Juice and Choice of Milk</i></p> <p>Sack Lunch: Choice – PBJ Uncrustable or Hot Ham and Cheese on Ciabatta, Chips, Fruit Cup, Mixed Salad Bowl and Choice of Milk or Juice</p> <p>Meal Prices:</p> <p>Adult Breakfast \$2.50 Adult Lunch \$3.85</p>	<p>21</p> <p><i>Breakfast Burrito (Tortilla, eggs, cheese and Bacon), with Fresh Fruit, Juice and Choice of Milk</i></p> <p align="center">Thanksgiving Dinner: PK-1 10:45, 2nd & 3rd 11:35, 4th & 5th 12:05 and 6th – 8th 12:45</p> <p>Turkey and Gravy, Mashed Potatoes, Cornbread Stuffing, Green Bean Casserole, Pumpkin Cheddar Biscuits, Cranberry Jello and Choice of Milk or Iced Tea</p>	<p>22</p> <p><i>Yogurt Bar with Berries, Cereal, Juice and Choice of Milk</i></p> <p>Choice of Pizza: Cheese/Pepperoni/Sausage, Vegetables with Ranch Dip, Mandarin Oranges, Ice Cream and Choice of Milk or Juice</p> <p>This institution is an equal opportunity provider.</p>

