

September 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>LABOR DAY – NO SCHOOL 2</p> <p>This institution is an equal opportunity provider.</p> <p>Adult Breakfast \$2.50 Adult Lunch \$3.70</p> | <p align="right">3</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit and Choice of Milk served from 8:15 – 8:30</i></p> <p>Double Decker Tacos (Flour Tortilla, Refried Beans, Taco Shell, Taco Meat, Lettuce, Tomato, Cheese, Salsa, Broccoli, Watermelon and Choice of Milk</p> | <p>Breakfasts 8:00 – 8:20 4</p> <p><i>Summer Blender less Fruit Smoothie(Pineapple Strawberry), Granola Bars and Choice of Milk</i></p> <p>Cheese/Pepperoni/Sausage Pizza, Ranch Dressing and Crunchy Vegetables, Mandarin Oranges and Choice of Milk</p> | <p>Doors open at 8:00am 5</p> <p><i>Breakfast Burrito (Tortilla, eggs, cheese and Bacon), with Fresh Fruit and Choice of Milk</i></p> <p>Hamburger Steak and Brown Gravy, Wild Rice, Green Beans, Fruit Cocktail and Choice of Milk</p> | <p align="right">School ends at 3:30 pm 6</p> <p><i>Yogurt Bar with Fresh Berries, Cereal and Choice of Milk</i></p> <p>Sloppy Joes, Sautéed Vegetables, Tator Tots, Fresh Fruit and Choice of Milk</p> |
| <p>Breakfast: \$1.90 Reduced: \$0.30 9</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit and Choice of Milk</i></p> <p>Chicken Fried Steak, Mashed Potatoes & Cream Gravy, Sautéed Green Beans, Fresh Fruit and Choice of Milk</p> | <p>Lunch: \$3.00 Reduced: \$0.40 10</p> <p><i>Cinammon Toast, Maple Sausage Links, with Fresh Fruit and Choice of Milk</i></p> <p>Baked Sweet Potatoes stuffed with Chili, Sour Cream and Cheese, Romaine Salad w/Italian Dressing, Fruit and Choice of Milk</p> | <p align="right">11</p> <p><i>Summer Blender less Smoothie (Apple Cinnamon), Granola and Choice of Milk</i></p> <p>Hamburgers, Sun Chips, Veggies and Dip, Pineapple Tidbits and Choice of Milk</p> | <p align="right">12</p> <p><i>Chicken and Honey Biscuit, Fresh Fruit and Choice of Milk</i></p> <p>Ham and Beans with Brown Rice, Mandarin Oranges, Vegetable Medley and Choice of Milk</p> | <p align="right">13</p> <p><i>Yogurt Bar with Fresh Berries, Cereal and Choice of Milk</i></p> <p>Breaded Chicken Patty Sandwich with Cheese on Ciabatta Bread, Lettuce and Tomato, Sweet Potato Fries, Apple or Orange Slices and Choice of Milk</p> |
| <p align="right">16</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit and Choice of Milk</i></p> <p>Steak Fingers, Mashed Potatoes and Brown Gravy, Broccoli w/Cheese Sauce, Peaches and Choice of Milk</p> <p>Banner School Child Nutrition Phone 405-262-0598 EXT 204 kitchen@banner.k12.ok.us</p> | <p>1st lunch 10:45-11:05 17</p> <p><i>Homemade French Toast Sticks with Sausage Links, Fresh Fruit and Choice of Milk</i></p> <p>Beef and Bean Burritoos (Flour Tortilla, Taco Meat, Refried Beans and Cheese) Lettuce and Tomato, *Onion, Cilantro and Salsa Option, Mexican Corn, Fresh Fruit and Choice of Milk</p> | <p>2nd lunch 11:15-11:35 18</p> <p><i>Summer Blender less Smoothie (Pineapple Strawberry), Banana w/Chocolate Chip Bars and Choice of Milk</i></p> <p>Cheese/Pepperoni/Sausage Pizza, Ranch Dressing and Carrots, Fruit Cocktail and Choice of Milk</p> | <p>3rd lunch 11:45-12:05 19</p> <p><i>Breakfast Burrito (Tortilla, eggs, cheese and Bacon), with Fresh Fruit and Choice of Milk</i></p> <p>Beefy Macaroni and w/Red Sauce, Fresh Salad w/Italian Dressing, Roasted Zucchini and Squash, Fruit and Choice of Milk</p> | <p align="right">4th lunch 12:20-12:40 20</p> <p><i>Yogurt Bar with Fresh Berries, Cereal and Choice of Milk</i></p> <p>Sweet and Sour Chicken Patty Sandwich w/ Pineapple, Tator Tots, Fresh Fruit, Pickle and Choice of Milk</p> |
| <p align="right">23</p> <p><i>Biscuits and Sausage Gravy with Fresh Fruit and Choice of Milk</i></p> <p>Sensational Spaghetti with Meat Sauce, Roasted Vegetables with Parmesan, Applesauce with Cinnamon, Garlic Toast and Choice of Milk</p> | <p align="right">24</p> <p><i>Double Dog Dare You with Fresh Fruit and Choice of Milk</i></p> <p>Baja Fish Tacos (Battered Fish on a corn tortilla with cabbage slaw and dressing), Cheese Stick, Carrots and Celery w/ Ranch, Mandarin Oranges and Choice of Milk</p> | <p align="right">25</p> <p><i>Summer Blender less Smoothie (Apple Cinnamon), Cereal and Choice of Milk</i></p> <p>Honey-Sriracha Chicken Legs with Fried Rice, Peas and Carrots, Ginger Pears and Choice of Milk</p> | <p align="right">26</p> <p><i>Chicken and Honey Biscuit, Fresh Fruit and Choice of Milk</i></p> <p>Not ‘yo Daddy’s Nachos (Tortilla Chips, Taco Meat, Cheese, Lettuce, Tomato, Sour Cream), Fruit, Salsa, Sopapilla Cheesecake Bites and Choice of Milk</p> | <p align="right">27</p> <p><i>Yogurt Bar with Fresh Berries, Cereal and Choice of Milk</i></p> <p>Hot Dog Bar (Choice of Chili, Cheese, Sauerkraut, Onions, Relish, Ketchup, Mustard, Mayo), Tator Tots, Fruit, Pickle Spear and Choice of Milk</p> |

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